

February

SCAN HERE:



For access to links
and resources for the
items listed here!

MENU OF ENGAGEMENT

FROM CATHOLIC CHARITIES OF CENTRAL AND NORTHERN MISSOURI

SEE

- » **LEARN**
About the overlapping threats of [Poverty and Racism in this report from CCUSA](#).
- » **EXPERIENCE**
The health supportive programs Catholic Charities has online at [cccnmo.diojeffcity.org](#)
- » **ENCOUNTER**
Others by participating in hospital ministry, or visiting the ill or homebound in your parish.

JUDGE

- » **REFLECT**
"We cannot tolerate or turn a blind eye to racism and exclusion in any form and yet claim to defend the sacredness of every human life." - Pope Francis
- » **RELATE**
How could a person's wealth, location, or demographics like age or race, affect their access to healthcare?
- » **UNDERSTAND**
In the face of discrimination, biases, and health disparities – what are we, as a Church, called to do?

ACT

- » **PRAY**
Pray the [Prayer for the Needs of the Sick](#) from Catholic Charities USA.
- » **SERVE**
Create care packages for local nursing staff, doctor's offices, or first responders that your classroom, family, ministry can deliver to show support.
- » **GIVE**
Give blood in Jefferson City at the Catholic Charities Central Office, Feb 13 from 10 AM - 2 PM!