



HOW CAN CATHOLIC CHARITIES HELP YOUR PARISH?

As Bishop McKnight's pastoral plan calls upon Catholic parishes to be the Centers of Charity and Mercy for their communities, Catholic Charities seeks to equip parishes to grow in their capacity to serve. From formation programs, to formal trainings, and collaboration or consulting with program staff – we are here to help your parish faithfully serve those in need, regardless of their faith, culture, or situation.

WHOLE HEARTED

- WholeHearted is a CCUSA resource focused on creating trauma-aware parishes
- Can equip parish staff to encounter parishioners or visitors experiencing a trauma or crisis
- Can help a parish congregation grow in awareness of trauma to better support each other

CHARITY & MERCY GRANTS

- Grants available to Catholic Parishes in the Diocese of Jefferson City that:
 - Build parish capacity to be Centers of Charity and Mercy
 - Grow the network of care in concert with Pastoral Plans
 - Engage parishioners in charitable works as they consider stewardship
- Available in \$5,000, \$2,500, and \$1,000 amounts
- Fall deadline: Sept. 30 / Spring deadline: Feb. 28

DISASTER SERVICES

- Catholic Disaster Preparedness Program (CDPP) explores disaster preparedness for individuals, for the parish, and then for the community
- Ensures safety of parish buildings and protection of the sacraments
- Equips parishes to open their doors as a center of refuge amidst a disaster (halls that can provide meals for families who have lost homes, daily Mass for responders, healthcare triage in a gym, etc.)



MOBILE RESOURCES

- Mobile Resource Coordinator who can visit parishes to perform basic needs assessments, visit with parish staff to understand their greatest needs, and replenish materials from Catholic Charities (blessing bags, referral brochures, etc.)
- Participation in county or community events to share available services at Catholic Charities
- Mobile Resource Bus (the “chariot of charity” as coined by Bishop Gaydos) can transport people and materials to areas of greatest need

CATHOLIC SOCIAL TEACHINGS SERIES

- Diving deeper into the seven themes of Catholic Social Teaching with staff member, Ilsi Palacios, who is certified to teach in both English and Spanish
- Formation events (like Parish Engagement and Charity Events!) that move across the diocese to intercept those who are involved in works of charity
- Compendium of Catholic Social Doctrine formation series (in development) can be provided locally or remotely in a webinar format



WHAT WE DO AT CATHOLIC CHARITIES

Catholic Charities of Central and Northern Missouri, is the charitable arm of the Diocese of Jefferson City and a 501(c)(3) non-profit social services agency. We respond to the needs of people in 38 counties regardless of faith, culture, or situation.

Our services include mental health counseling, access to healthy food in our client-choice pantry, health and nutrition education, disaster preparation and response, family reunification through immigration legal services, and resettlement of refugee as the local resettlement agency of mid-Missouri. You can learn more about our programs and services below.

REFUGEE SERVICES

The only local resettlement agency in mid-Missouri, journeying with refugees and newcomers as they rebuild their lives by:

- Receiving newcomers at the airport
- Navigating resettlement with case management
- Providing wrap around services in adult and youth education, housing, employment services, health and wellness, and more.

HEALTH AND NUTRITION SERVICES

Providing access to proper nutrition, alleviating barriers to accessing health care services and recognizing the important role health plays physically, mentally and financially with:

- A Matter of Balance classes
- Chronic Disease Self-Management seminars and classes
- Client-choice Catholic Charities Food Pantry
- Nutrition education
- Self-Management of Blood Pressure Program (Mid-MO SMBP)
- Senior food box distribution
- Walk With Ease classes

COMMUNITY SERVICES

Providing disaster preparation, response and long-term case management, Hispanic community services, financial and HUD-certified housing counseling.

- Disaster services (preparation and response)
- Financial stability and wellness services
- Hispanic community services
- HUD-Certified Housing Counseling
- Payday Loan Relief in partnership with Mid-America Bank

FAMILY IMMIGRATION

Providing low-fee immigration legal services as a way to reunite families and promote self-sufficiency for immigrants.

- Immigration consultations
- Family reunification
- Pathways to citizenship
- Deferred Action for Childhood Arrivals (DACA)
- Resources for immigrants

PARISH SOCIAL MINISTRIES

Equipping Catholic parishes and parishioners to live out their baptismal call to serve the needs of those living in their local communities by facilitating:

- Charity and Mercy Grants for parishes
- Faith Community Nursing Support
- CC Parish Ambassadors
- Parish Engagement and Charity Events
- Prison Ministry Outreach